

Applying to work for ACS



- Application forms are available from our Administrator by post or email.
- If you would like an informal discussion before making an application, please ask to speak to the Head of Counselling, Susan Forster
- Suitable applicants will be offered an interview with the Counselling Co-ordinator and Head of Counselling

**Alton Counselling Service
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Alton Counselling Service

Information for Qualified Counsellors



Registered Charity: 279857

Alton Counselling Service

ACS is a small friendly centre which is part of the WPF (Westminster Pastoral Foundation) National Network which has around 30 centres throughout the country.

We have been established at the Friends Meeting House in Alton since 1974.

About 30 individual adult clients are seen for weekly sessions by a team of up to 12 counsellors.

ACS is an accredited centre with the British Association for Counselling and Psychotherapy (BACP) and works within it's framework for good ethical practice in counselling and psychotherapy.

The Counselling Work

We offer psychodynamic counselling which can be open ended or time limited.

About 70% of clients come to us via their G.P. or mental health teams, psychiatrist or social worker.

We see adult individuals whose presenting problems can include depression, panic attacks, anxiety, bereavement, relationship breakdown, redundancy, post-traumatic stress and childhood sexual abuse.

All clients attend an assessment session with an experienced counsellor, trained in assessment work, before being taken on by the centre.

Working with ACS

ACS welcomes applications from counsellors from psychodynamic orientation, with a minimum of 200 hours post qualification experience.

All counsellors in the centre are asked to work a minimum of 42 weeks per year. In return for this commitment we offer:

- **Supervision** in groups of up to 4 counsellors, weekly for 1.5 hours
- **Professional development workshops** twice a year, which are free or low cost
- **Collegiate and supportive setting** with counsellor meetings once per term
- **Professional indemnity insurance** cover for all counsellors
- **A remuneration scheme**