

Applying for a Placement

- Application forms are available from our Administrator by post or email.
- If you would like an informal discussion before making an application please ask to speak to the Head of Counselling, Susan Forster
- First stage
Suitable applicants will be offered an interview with the Counselling Co-ordinator and Head of counselling

Second stage

Trainee Applicants are asked to attend an interview with our external assessor who will produce a written assessment on the applicant's suitability to begin client work. A copy of the assessment will be given to the applicant who will bear the cost of this interview (currently £95).

Alton Counselling Service
Quaker Meeting House
Church Street
Alton
Hampshire
GU34 2DA

01420 89207

admin@altoncounselling.org.uk
www.altoncounselling.org.uk

Alton Counselling Service

Placements for Trainee Counsellors

Registered Charity: 279857



Alton Counselling Service

ACS is a small friendly centre which is part of the WPF (Westminster Pastoral Foundation) National Network which has around 30 centres throughout the country.

We have been established at the Friends Meeting House in Alton since 1974. About 30 individual adult clients are seen for weekly sessions by a team of up to 12 counsellors.

ACS is an accredited centre with the British Association for Counselling and Psychotherapy and works within its framework for good ethical practice in counselling and psychotherapy.

The Counselling Work

We offer psychodynamic counselling which can be open ended or time limited.

About 70% of clients come to us via their G.P. or mental health teams, psychiatrist or social worker.

We see adult individuals whose presenting problems can include depression, panic attacks, anxiety, bereavement, relationship breakdown, redundancy, post-traumatic stress and childhood sexual abuse.

All clients attend an assessment session with an experienced counsellor, trained in assessment work, before being taken on by the centre.

Placements

ACS offers trainee counsellors the opportunity to work with clients.

Suitable trainees will be established in their own psychodynamic counselling or therapy and on a Diploma course either in psychodynamic counselling or integrative counselling where there is a substantial psychodynamic component.

All counsellors in the centre work as volunteers and are asked to work for a minimum of 42 weeks per year. In return for this commitment we offer:

Supervision in groups of up to 4 counsellors, weekly for 1.5 hours.

Professional development workshops twice a year, which are free or low cost.

Collegiate and supportive setting with counsellor meetings once per term.

Professional indemnity insurance cover for all counsellors.